

New York » Arts and Entertainment » Celebrity Headlines Examiner



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'Silver Spoons: 25 Years of Chefs & Celebrations': Helping Citymeals on Wheels [PHOTOS]

June 15, 6:00 PM - Celebrity Headlines Examiner - Jedi Jill



Meals on Wheels 2010

SAF Photo

June 15, 2010 -- Gail Simmons, a judge on Bravo's smash hit Top Chef -- was the event's emcee of Silver Spoons: 25 Years of Chefs & Celebrations last night. One of the most well known food events that benefits the [Citymeals-on-Wheels](#) program. Not only was there good food and great talent, the cause is most deserving.

Citymeals-on-Wheels is an organization that most New Yorkers (and even a few who have moved to the west coast like myself) know is an important staple of the community. It is a not-for-profit organization and public-private partnership with the New York City

Department for the Aging that raises private funds to prepare and deliver weekend, holiday and emergency meals to the homebound elderly throughout the boroughs of New York City. Last year, Citymeals underwrote the preparation and delivery of 2.1 million meals to 17,000 aged New Yorkers.

Silver Spoons: 25 Years of Chefs & Celebrations had than 1,000 business leaders, gourmet enthusiasts, food industry trendsetters, socialites, young professionals, chefs and restaurateurs attended one of the season's most anticipated culinary events.

The menu included Potato, Sweet Onions, Parmiggiano Reggiano Cappuccino with Villa Manodori Balsamic Vinegar (Massimo Bottura, 2006); Chilled Watercress Soup with Lobster Geleè & Porcini (Daniel Boulud & Jean François Bruel, 2001); A Rose Poached Rhubarb and Strawberry Compote with Crème Fraiche, topped with Nature's Pride® Whole Wheat with Honey Crumble; Nature's Pride 12 Grain Tea Sandwiches with House-Made Dill Marinated Salmon, English Cucumber and Horseradish Mousse (Claudia Fleming & Gerry Hayden, 2007); Pork Belly with Pickled Vegetables (Melissa Kelly, 1996); Slow Cooked Lamb with Couscous, Pine Nuts & Balsamic Jus (Charlie Palmer with Christopher Lee, 1995); Duck Slider, Crisp Duck Confit, Buttered Soft Roll, Cointreau Sauce; Sautéed Cherries, Red Wine Sauce, Bitter Almond Ice Cream (Mark Peel, 1990); Lobster Enchilada with Red Pepper Crème Fraiche & Caviar (Stephan Pyles, 1988); Crab Cake with Cracked Mustard Sauce (Jimmy Schmidt, 1987); and Assorted Gelati and Sorbetto (Silvana Vivoli).

If you haven't heard of the program [Citymeals-on-Wheels](#), take a minute to check out their website. The service of this organization was one which, as a former resident of NYC, I can personally say is an amazing force. The idea of helping out neighbors can be such a wonderful thing, even if that means offering a plate of food to those who are looking to be self sufficient.



Meals on Wheels 2010
(AP Photo)



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